

THE PATH TO CASH PHYSICAL THERAPY SIDE JOBS IN 6 STEPS

STEP1: Decide if cash Physical Therapy side jobs are right for you

Bob and Sue are both Physical Therapists.

They each see 15+ patients per day and are salaried at \$36 an hour.

They feel overwhelmed trying meet insurance requirements.

They sometimes feel too busy to provide skilled care.

They stay late in the clinic to finish notes.

They are worried because they both still have another 70k in student loan debt.

Below are the main reasons why someone like Bob or Sue would take on cash Physical Therapy side jobs

- Achieve financial freedom
- Earn double to triple the income per hour worked
- Flexibility and control over their schedule
- Focus on patients not on insurance requirements
- Enjoyable side work with less pressure, demand, and burnout
- Get out of the clinic and see clients in the home, workplace, or community

STEP 2: Become familiar with direct access in your state

Physical Therapy side jobs usually (not always) means seeing clients for cash without a physician referral or insurance involvement. The nature of the visit could be preventive wellness or traditional outpatient Physical Therapy. You should be familiar with how direct access relates to each type of visit in your state.

General APTA direct access resources: <http://www.apta.org/stateissues/directaccess/>

Search for the direct access guidelines for your state:

http://www.apta.org/uploadedFiles/APTAorg/Advocacy/State/Issues/Direct_Access/DirectAccessbyState.pdf

STEP 3: Talk to your current employer

Let your employer know what you plan on doing.

Explain to them that your financial freedom and providing for your family is important to you.

Make it clear you will keep your side jobs completely separate from their business.

Be transparent and they will understand.

STEP 4: Make a small investment that allows you to see clients in the community

Start with the essentials:

▣ Portable exam table (\$75-100)

(We recommend inspecting your table periodically to make sure it is sturdy and safe. You should also be aware of the weight limits on portable tables. If you do manipulations, make sure your table is designed for it.)

Gather other tools as you become aware of your clientele:

- ▣ Stethoscope
- ▣ Blood pressure cuff
- ▣ Pulse oximeter
- ▣ Gait belt
- ▣ Tape measure
- ▣ Goniometer
- ▣ Inclinator
- ▣ Reflex hammer
- ▣ Resistance bands
- ▣ Light dumbbells
- ▣ Cones
- ▣ Agility ladder
- ▣ Tape
- ▣ Dowel rod
- ▣ Etc

STEP 5: Protect yourself

Decide if professional liability insurance is appropriate for your situation.

HPSO offers affordable professional liability insurance for Physical Therapists:

<http://www.hpso.com/individuals/professional-liability/physical-therapy-professional-liability-insurance>

We recommend consulting with a licensed legal professional if you have any questions.

STEP 6: Find physical Therapy side jobs in your community

Method 1:

Create and share useful content for your target client in a blog or social media platform

Host free workshops that offer valuable information to your target client

Build awareness and trust by making your value and knowledge visible to your target client

Let your target client know about the cash services you offer after having proved your value

Method 2:

Let us do the work for you

We find individual clients who are willing to pay skilled Physical Therapists in cash

We also provide documentation tools that make your value and knowledge visible to your clients at all times

If you need help finding side jobs OR you already have a cash practice that isn't growing how you like, THEN [click here](#).

We will help you reach financial freedom with no money up front.